

# Eastern Equine Encephalitis Virus in Florida Clinical Signs, Diagnosis, Prevention

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# Sources of Data Sans Human Testing

Encephalitis Suspect/Other Mammals etc



→ Veterinarian: Testing/Report

Investigation:  
Confirm Location

Result:

State Veterinarian  
(DACS)

Vector ID

Mosquito  
Testing

Sentinel  
Chicken  
Testing

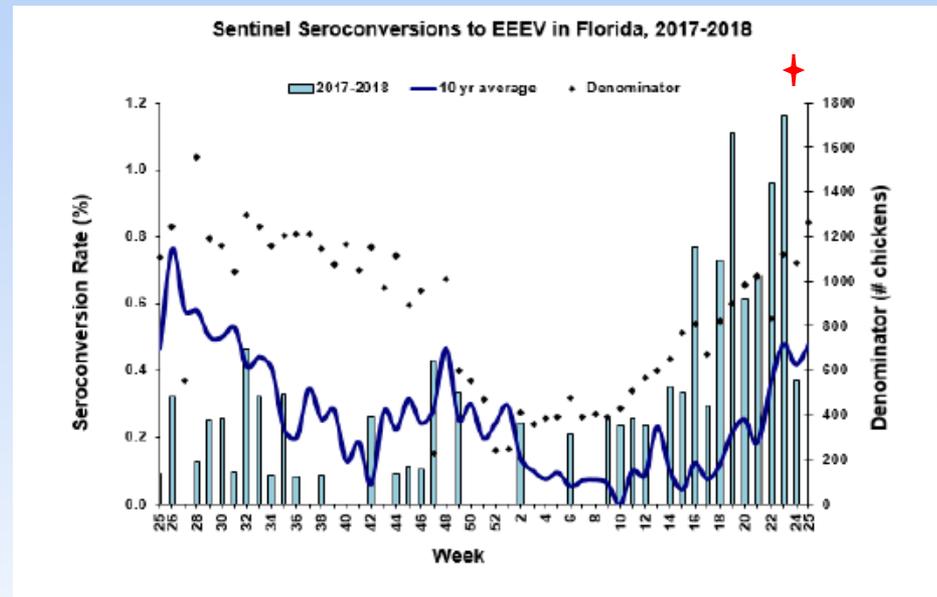
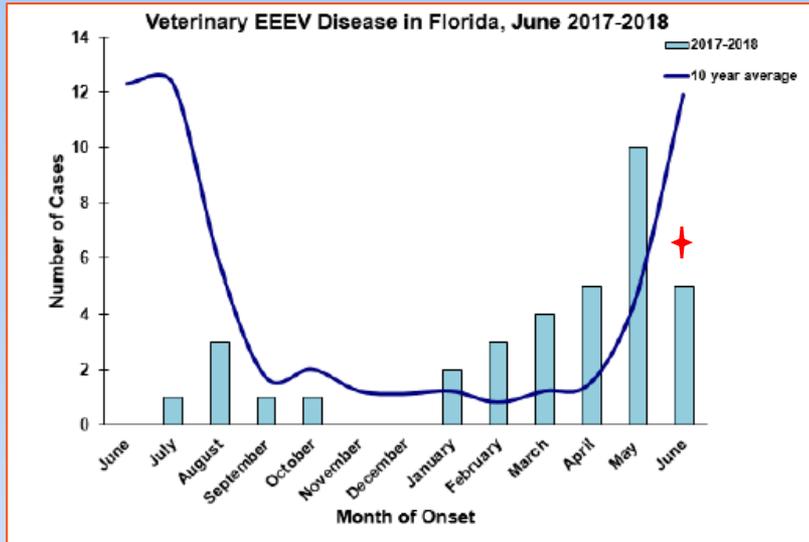
Mosquito Control

DOH: Medical Alerts

# Animal Disease in Zoonotics

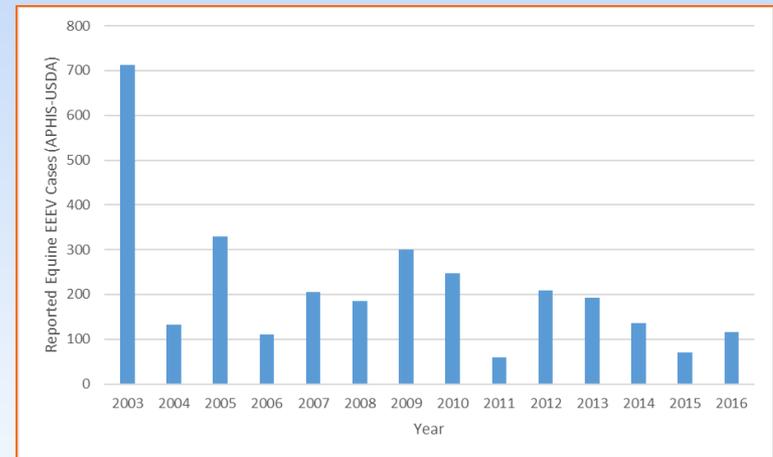
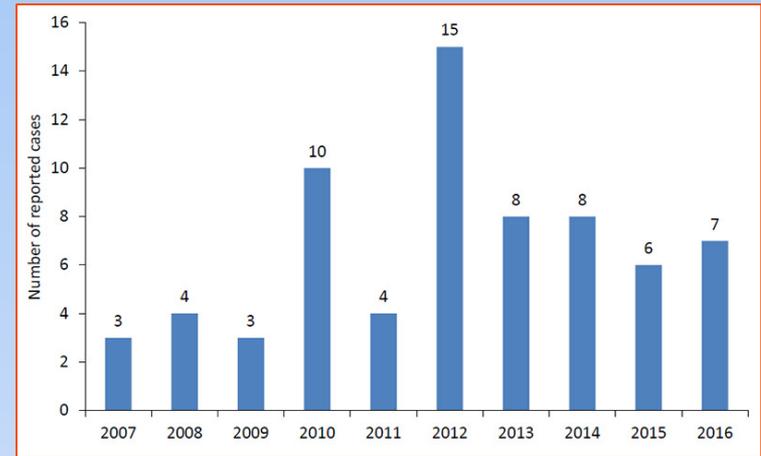
- Extremely important for surveillance and risk of disease in humans
- Probably contribute more regarding epidemiology
- Clinical signs, dx testing, immune response often similar
- More frequent ability to examine pathology

# Alphavirus (EEEV) Surveillance



# Eastern Equine Encephalitis virus

- Disease of humans and horses
  - One of the most pathogenic neurological viruses on planet
  - Mortality lower in humans
    - Horse >90%
    - Spontaneous mortality is probably equal to this



# Trend of Nonhuman vs Human Cases

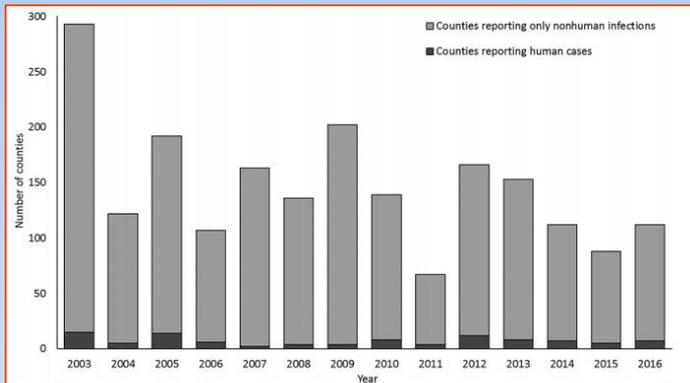


FIGURE 2. Counties reporting human Eastern equine encephalitis virus disease cases and nonhuman infections, by year, United States, 2003-2016.

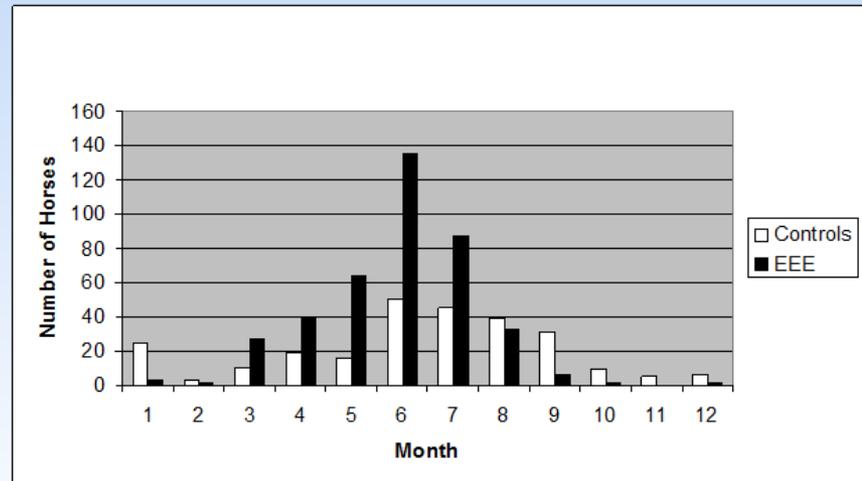
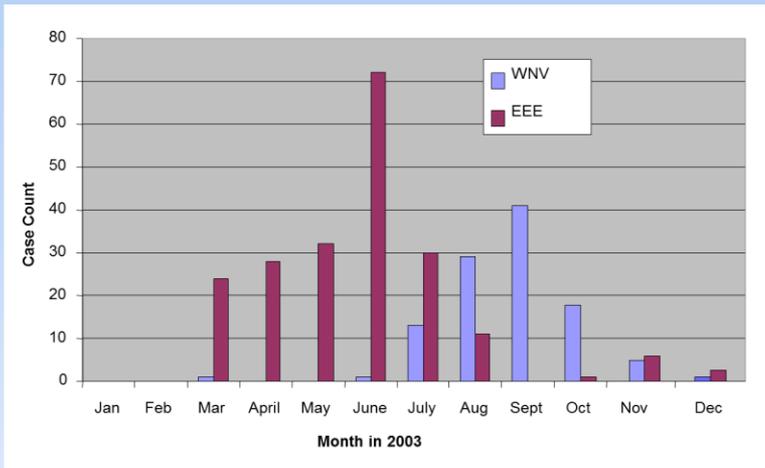
- Nonhuman:human reporting decreasing
- Vaccination
- Select Agent Status
  - Governmentally control of who works on disease
    - This includes diagnostics
  - Few veterinary diagnostic laboratories perform EEEV testing

# Animal Species Other Than Horses

- During active years (2003-2016; Lindsey et al):
  - Thirty-one states reported animal species
  - 88% of reported cases in nonhuman species
  - Animals
    - 97% equids (3,016)
    - 12% camelids
    - 9% canids
    - 6% cervids
    - Others: rhatites\*, exotic birds, sheep, goats



# Florida Analyses (Long, Gibbs, MacKay)



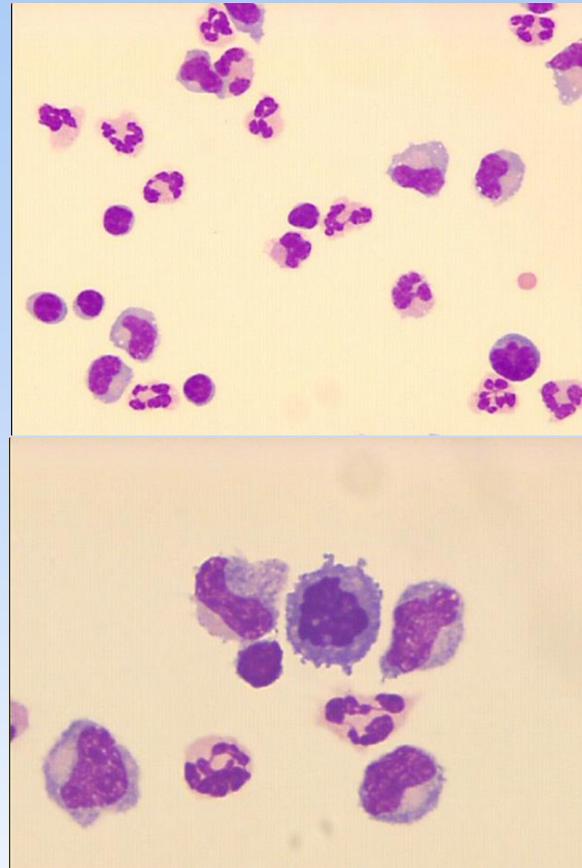
# Case Example



- ~4 yrs, Ranch TW
- Dubious Vaccine Hx
- Bloodwork:
  - hyperammonemia
  - Theiler's ?
- Eventually became comatose, recumbent
- Performed rabies postmortem
- Rabies (-) EEEV (+ +) WNV (-)

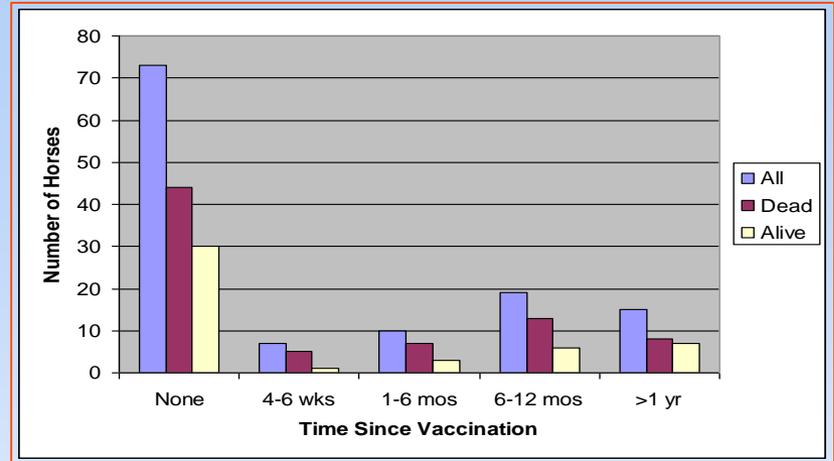
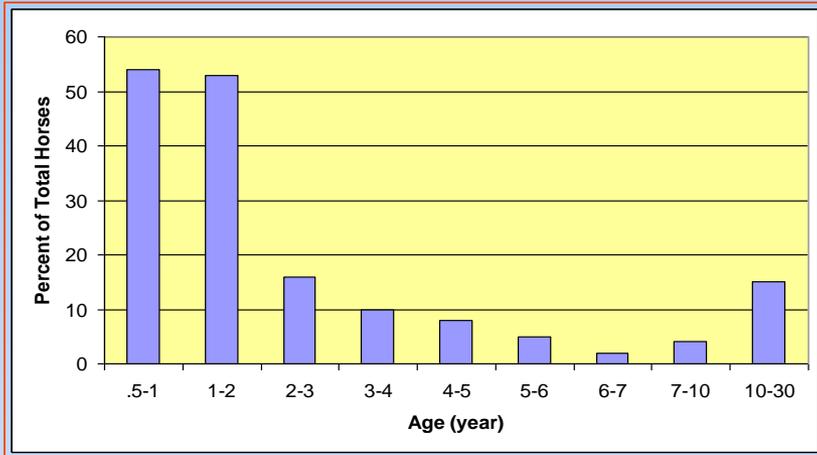
# EEE

Clinical Sign	% EEE
Depression	69->90
Ataxia	63->90
Inc. R. Temp	50
Recumbence	47->90
Weakness	45
Fasciculations	30



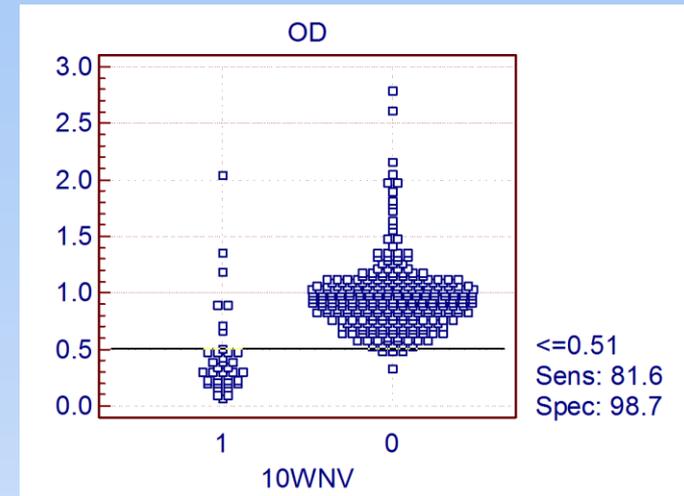
Clinical Sign	% EEE
Aimlessness	28->75
H. Pressing	17
Hyperaesthesia	12
Blindness	8-?
Seizures	8-20
Coma	8->90

# Age Distribution Similar to Humans



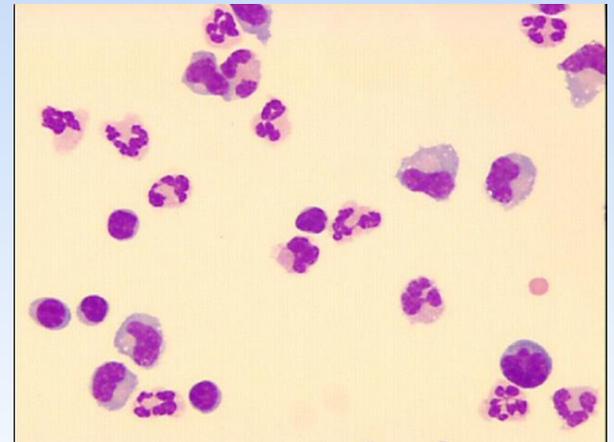
# Diagnosis

- **Complete under reporting!**
  - **Clinical Signs**
  - Most by a single serum test
  - MAC ELISA
    - Mouse-brain antigen
    - Very limited distribution!
    - Need for development of non-SA antigen
  - 4-fold difference on consecutive NT
    - Rarely a horse survives for a second sample
  - 4-fold difference between EEE and WEE on single sample (see Snahu et al, Pederson et al)
  - Post-mortem
    - Many horses never reach post-mortem



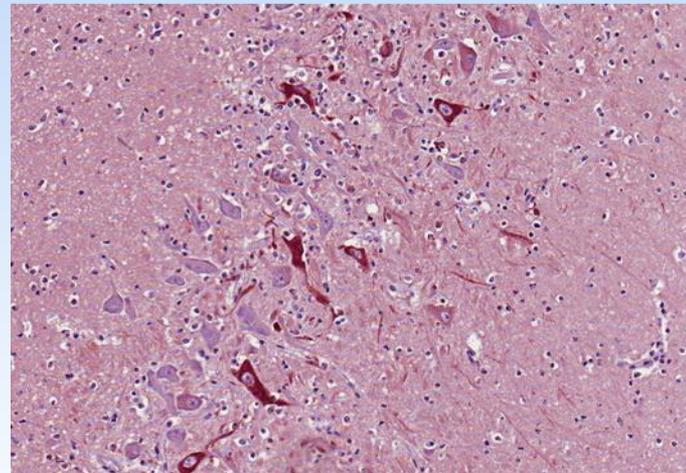
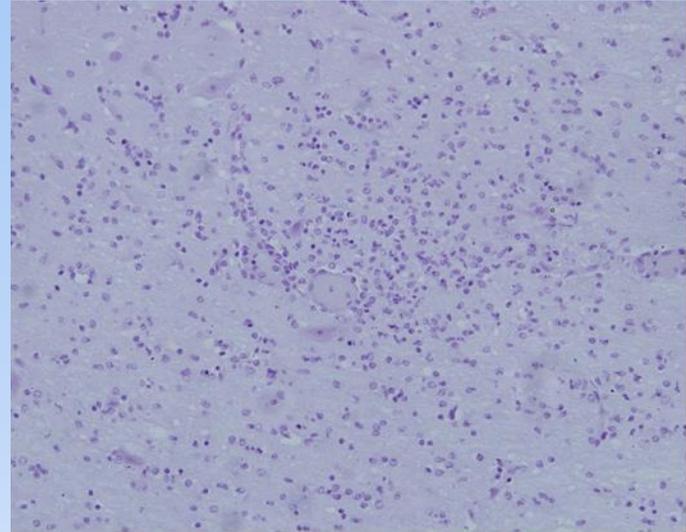
# Cerebrospinal Fluid

- Very specific for EEEV
  - “neutrophilic” response
- When horses are euthanized in the field
  - Can take CSF and serum
  - Will suffice for diagnosis also



# Post-mortem Testing

- Must use personal protection equipment!
- Choices in Field
  - Disarticulation of head and ship to pathology/diagnostic laboratory
  - Euthanize, ship whole carcass



# Prevention

- **Vaccination**

- **Horses:**

- All foals received three boosters 6, 7, and 9 mos.
    - Mares received a booster one month before foaling.
    - Horses aged 1-5 years should receive 3 injections per year.
    - Older than 5 years, twice per year.

- **Emus and other ratites**

- Require three injections per year.
    - Brooding females, keep vaccinated for maternal antibody.
    - Young and unvaccinated require three initial injections 3-4 weeks apart starting at 5-6 weeks of age

- **Dogs**

- Usually puppies have been reported
    - Limited number of dogs had no response to vaccines

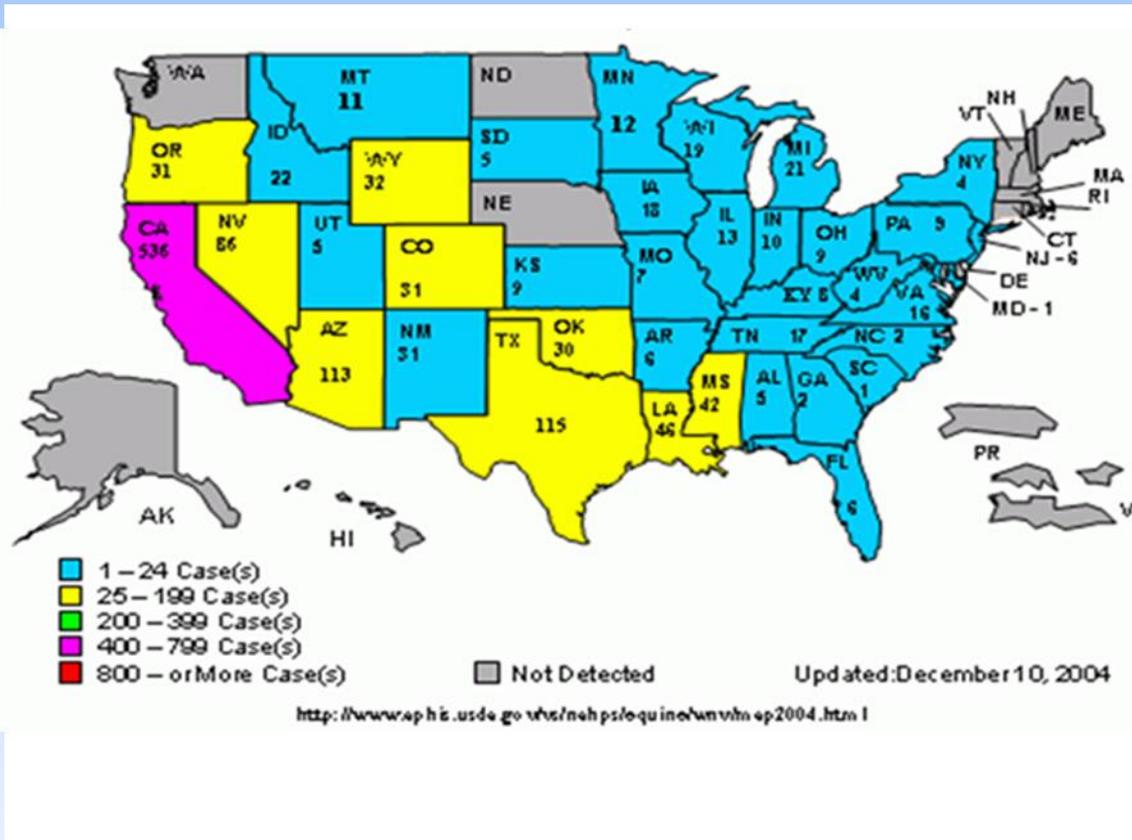
# Prevention

- Site cleanup
  - Standing water
  - Removal of junk
  - Removal of old tires
  - Application of “dunks”
  - Treatment of ponds-stagnant, removal of weeds
- Mosquito Control
  - Larvicide treatment
  - Adulticides
  - I use premise sprays in barns and buildings

# West Nile virus



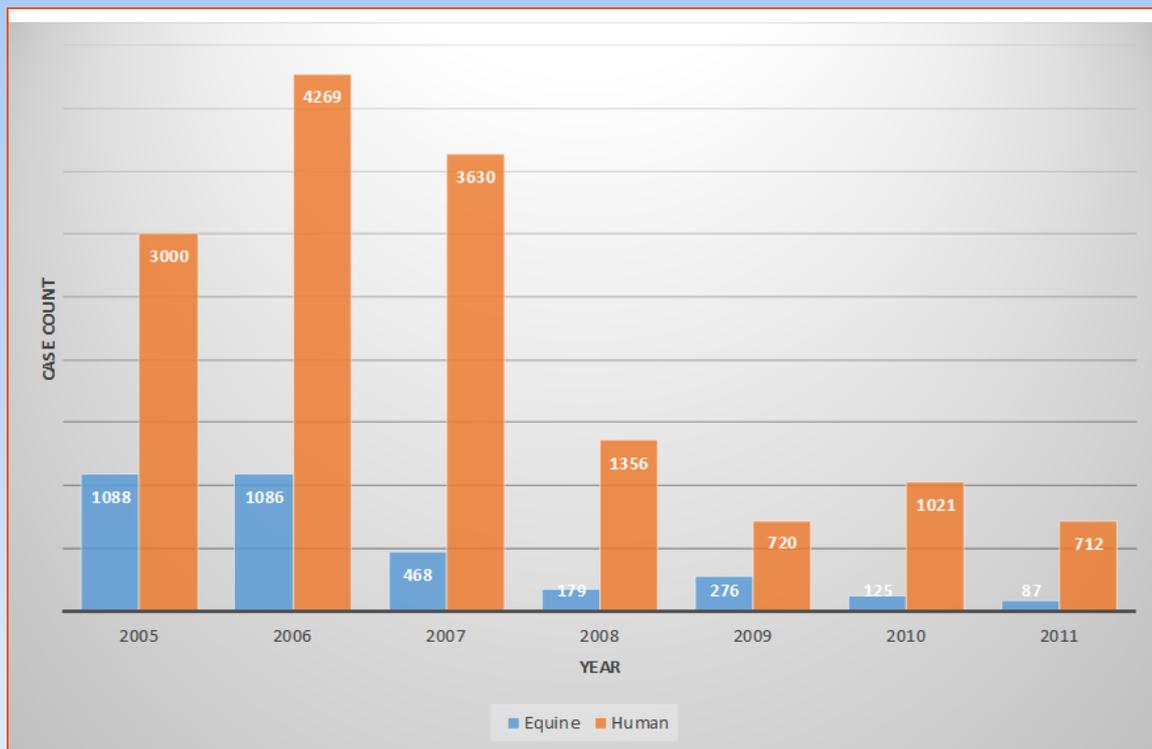
# Epizootic Period: Explosive Outbreak



1,406 equine cases detected  
Most of the cases occurred in the west  
2,539 human WNV cases

2004

# Endemic Period



Incidence and case counts for equids lower than human case count.  
Dead bird counts sporadically reported.  
Limited mosquito testing.

Since 2012 in re-emergent period-over 13,500 cases of WNV: 5,674 WN fever/encephalitis cases in 2012 with over 2,000 annually

## Other Mammals

- Ewes: fever, abortion, rarely encephalitis
- Pigs: asymptomatic
- Dogs: asymptomatic
- Camelids: Alpaca's have relatively high virus in the brain!
- Rabbits now used for experimental infection

# Clinical Signs - Horses

- 61% Fasciculation and Tremors
  - Head
  - Neck
  - Trunk
- >60% Change in Behavior
- Varies from hyperexcitability to somnolence



# Clinical Signs - Horses

- Ataxia and Weakness



# Paralysis

- Intermittent Weakness/ Paralysis
- Flaccid Paralysis/Recumbency



# Mid- and Hindbrain Involvement

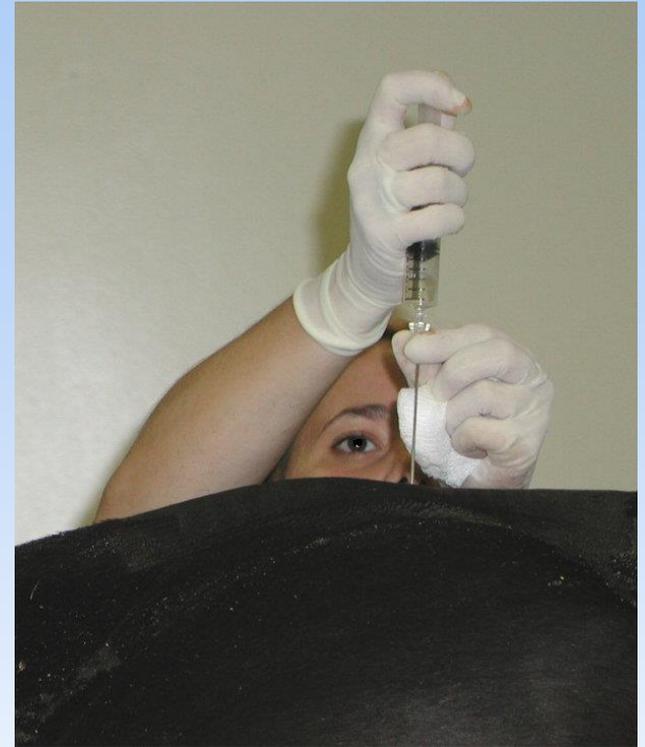


<b>Facial paralysis</b>	<b>39%</b>
<b>Tongue paralysis</b>	<b>20%</b>



# Bloodwork

- CBC, Chemistry
  - No specific pattern
  - Horses early in disease show dehydration
- Spinal Tap
  - May be very helpful
  - Can indicate an encephalitis
  - Over 90% are abnormal



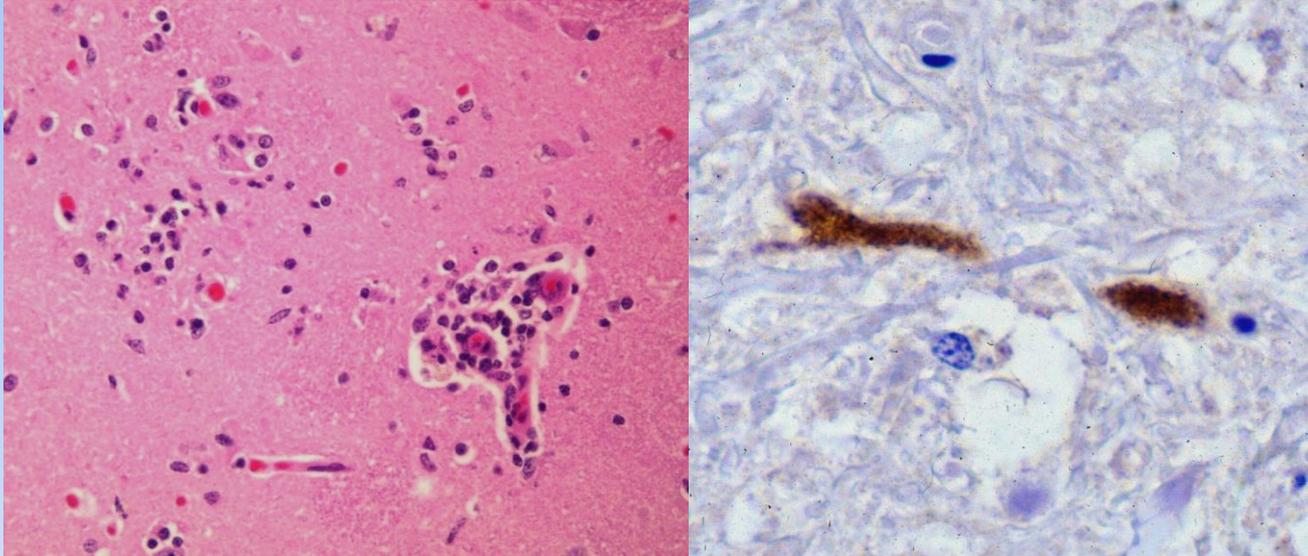
# WNV CSF Analysis

Parameter	LS		AO	
	Median	Range	Median	Range
Protein	103 (72)	52-316	57 (72)	36-104
RBC	123	0-5400	2	0-376
WBC	14 (6)	0-310	6.5 (6)	0-882
PMN (%)	1	0-14	1.5	0-33
Lymph (%)	63	0-95	40	0-91
Mono (%)	29	0-81	54	0-96

# Diagnosis

- Very reliant on single IgM Capture
  - Can be confounded by recent vaccination
  - More recent publications demonstrate confounding
  - Experimental data indicates confounding
- In human testing, IgM confounded to SLE in FL (unless travel history)
  - Our study site in Pakistan of 1000 humans shows extensive cross-reaction to JEV, SLE, ZIKV, DENV 1-4

# Post-mortem Confirmation More Difficult Than EEEV

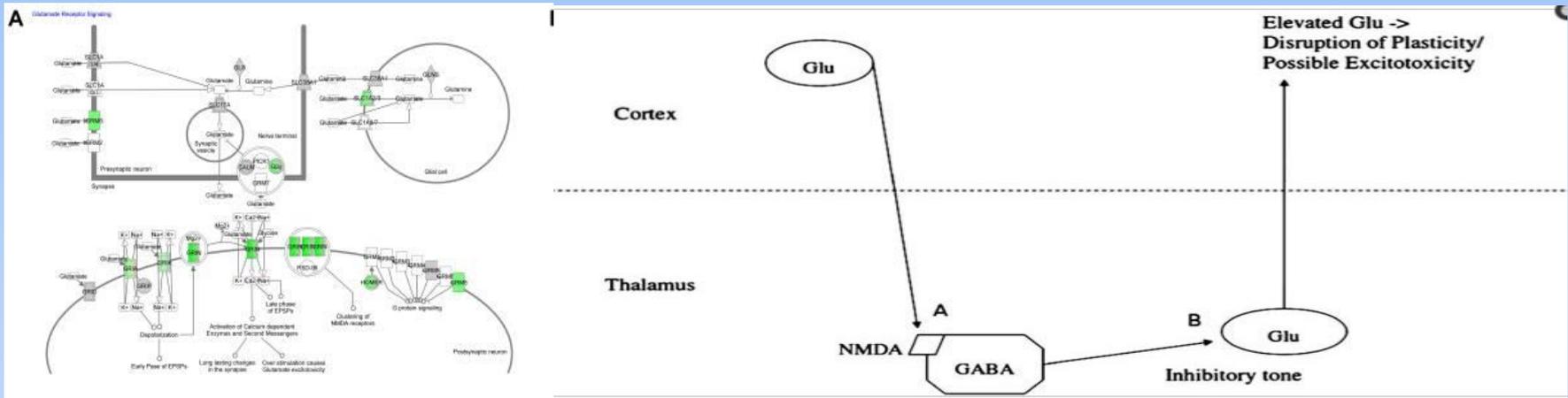


Cerebrum +/-  
Thalamus +++  
Pons +++  
Medulla +++  
Cerebellum +/-  
Cervical Cord +  
Lumbar Cord ++

All Tests Are Dependent On Receiving Sections with Lesions:  
Any discoloration, multiple tissues

Nested rtPCR > Real-time rtPCR > Immunohistochemistry > Classic rtPCR

# Pathogenesis = Treatment?



- Acute CNS invasion is leads to hyperexcitation:
  - Glutamatergic activation
    - Excitotoxicity
    - Leads to increase CA++ in neuron, death of neuron if bad enough
- Treatments: Glutamate blocking, Glutamate Scavenging
  - Anti-psychotics?-Clonapine vs Acepromazine?
  - Glutamate receptor upregulators?-Minocycline
    - Will these blockers actually kill more neurons?

## Discussion

- Are arbovirus diseases under reported in humans as they are in horses.
- How can we leverage animal/mosquito information better to inform practitioners of enhanced activity?
- Are medical practitioners similar to veterinary practitioners in under testing
  - We DVMs have a systemic bias
  - Also “no cure, no need to test”

Thank-you

## 4 Serologic Methods

- Presented at the AAVLD Meeting 2007
- Pederson DD, Albers SJ, Klein SM, Ostlund EN
  - USDA-APHIS, NVSL, Ames IA
- Looked at animals from 2005 season
- Compared 66 positive and 22 negative samples by IgM EEE
- Compared to HI, PRNT, CF
- All were then tested against WEE and VEE

## Results-Positive IgM Capture

- 66/67 horses were positive to PRNT
  - 61/67 were only positive to EEE
  - 4/67 also positive to WEE
  - 4/67 also positive to VEE
- 59/67 horses were positive to HI
  - 48/67 horses were only positive to EEE
- 7/67 were positive to CF

## Results-IgM Negative

- 17 were positive to the PRNT
  - 4 reacted to EEE only
  - 9 reacted to EEE and WEE
  - 3 reacted to VEE-all were from South America
- 16 were positive on the HI
- 8 were positive to the CF

## Discussion

- IgM is highly useful on single serum sample
  - Especially for rapid screening
  - In EDART-if IgM positive to EEE, will be low positive to VEE but not WEE
- Those samples with a high suspicion and IgM, PRNT would be next useful
  - MUST have prior vaccine history
- Do our testing guidelines agree with this?

# Serology Results

**Table 4.** Equine encephalomyelitis antibody titers in horses that yielded eastern equine encephalomyelitis (EEE) virus.

Sample no.	ELISA titer to EEE		Hemagglutination inhibition titers			Virus neutralization titers		
	IgM	IgG	EEE	WEE*	VEE†	EEE	WEE	VEE
17	<100	<100	160	160	80	<10	<10	<10
18	<100	<100	40	80	<10	<10	<10	<10
19	<100	<100	40	80	40	<10	<10	<10
20	<100	<100	640	640	640	<10	<10	<10
21	>1,000	<100	160	40	80	10	<10	<10
22	>1,000	<100	160	80	80	<10	<10	<10
23	>1,000	<100	40	80	40	10	<10	<10
24	>1,000	<100	<10	<10	<10	ND‡	ND	ND
25	>1,000	<100	10	10	10	<10	<10	<10
26	>1,000	<100	40	10	<10	>100	10	<10
27	>1,000	<100	>1,280	160	40	100	<10	<10
28	>1,000	1,000	40	160	40	100	<10	<10
29	>1,000	1,000	40	40	10	10	<10	<10
30	>1,000	100	160	160	40	>100	<10	<10
31	>1,000	100	80	320	20	>100	<10	<10

\* Western equine encephalomyelitis.

† Venezuelan equine encephalomyelitis.

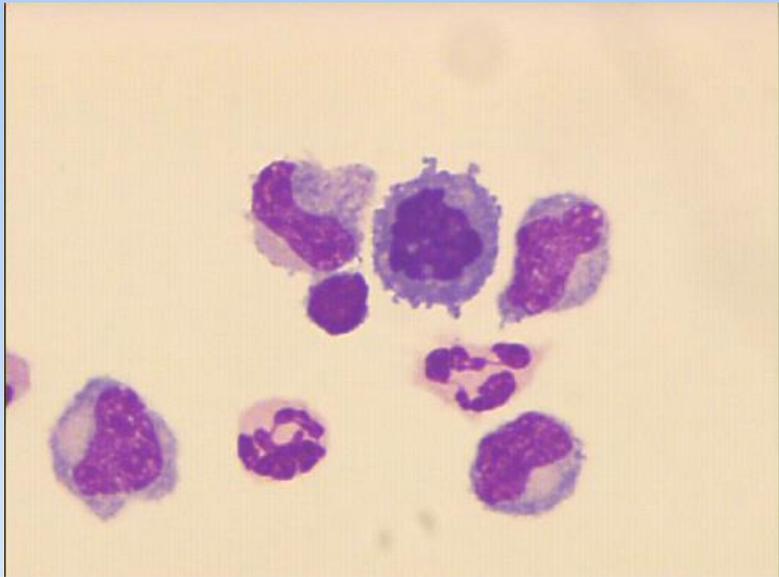
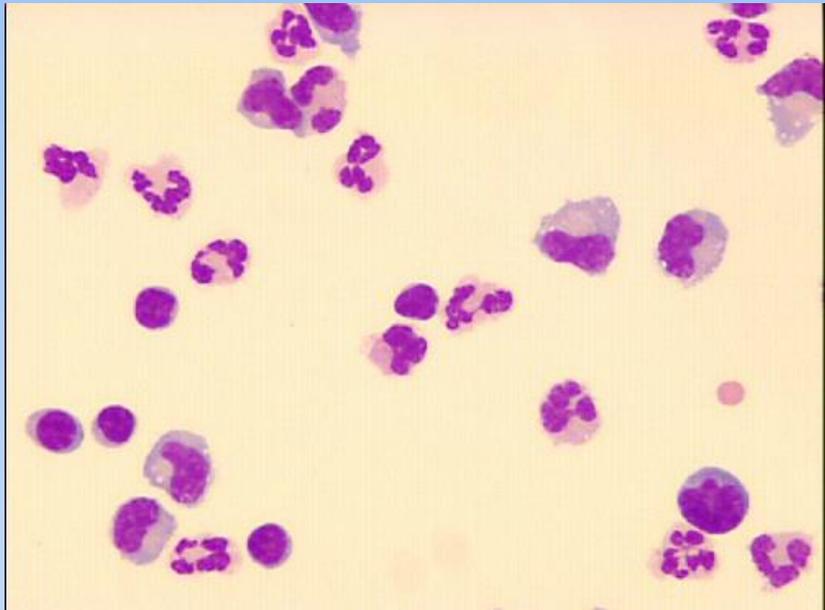
‡ ND = not done.

# Cerebrospinal Fluid

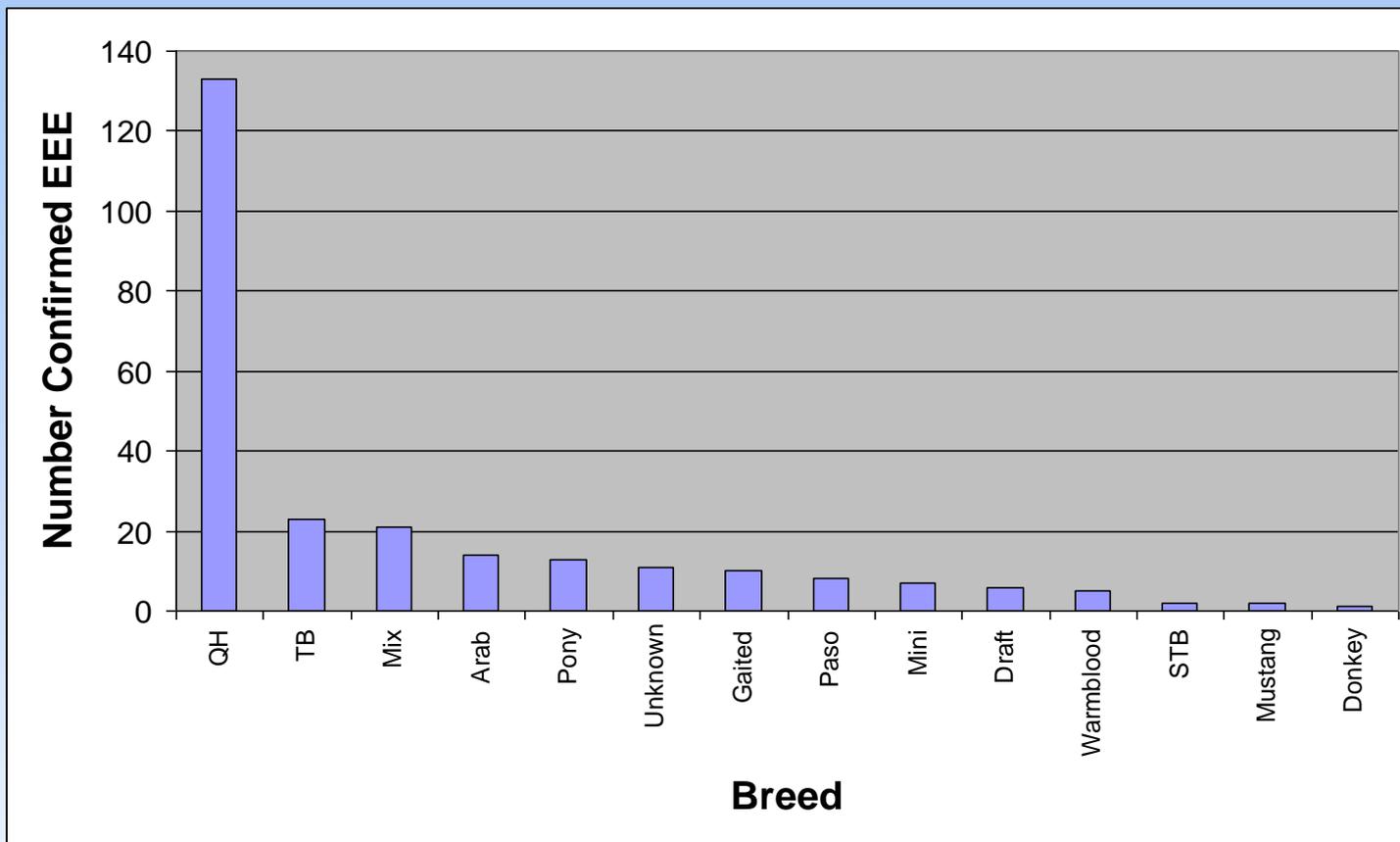
	<b>EEE</b>	<b>WEE</b>	<b>WNV</b>	<b>Rabies</b>	<b>EPM</b>	<b>EHV</b>	<b>Parasite</b>	<b>Bot</b>
<b>Protein</b>	↑	↑	N to ↑↑	N to ↑	<b>Moderate &gt;80 mg/dl</b>	↑↑↑	↑↑	N
<b>Cells</b>	↑↑	N or ↑	N to ↑ ↑	N to ↑	N to ↑	N	↑↑	N
<b>Cell Types</b>	P, LM	LM	LM	LM	LM	LM	P, E	N
<b>Color</b>	-----	-----	(Xantho)	(Xantho)	(Xantho)	<b>Xantho</b>	----	N

**P=PMN LM=Lymphs, Monos**

Eastern Equine: Hypersegmented Neutrophils



# Confirmed EEE Breeds



N=259

# EEE & WNV Clinical Signs

Clinical Sign	% EEE	% WNV
Aimlessness	28	---
H. Pressing	17	1-2
Hyperaesthesia	12	63
Blindness	8	1-2
Seizures	8	1-2
Coma	8	---

